

COVID-19 POLL

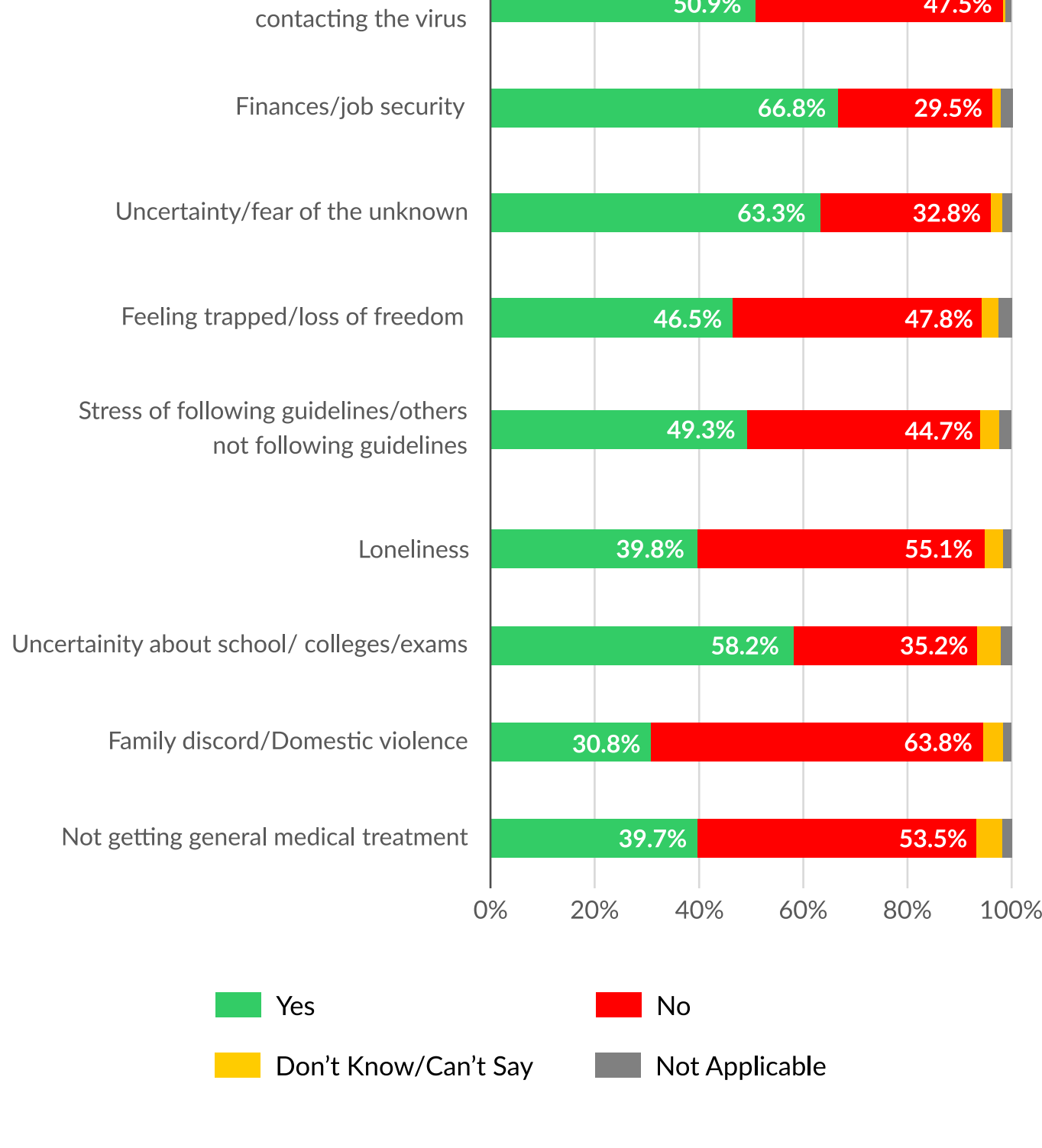
Finances and job security cited as the most common cause of concern by Indians during the Coronavirus lockdown

Team CVoter conducted a series of surveys in June 2020 to capture the effect of the Coronavirus pandemic and the lockdown on Indians across the country.

In this series of infographics, Team Polstrat will break down the changes in overall levels of mental health of Indians across the country including the main reasons for increased stress and anxiety amongst people in the past 3 months such as loneliness, fear of uncertainty, loss of income, and fear of domestic violence, as well as steps people are taking to cope.



Please tell for each of the following, whether it has been the reason of your stress or concern in the last 3 months?



What has been the main cause of stress/concern for Indians during the Coronavirus lockdown?



Overall, the most common cause of stress or concern for Indians over the last 3 months as the Coronavirus lockdown was ongoing was **finances/job security** followed by **uncertainty and fear of the unknown**.



Other major causes of stress were **uncertainty about school or college exams (58.2%)**, **fear of contracting the virus (50.9%)** and the **stress of following the guidelines (49.3%)**.

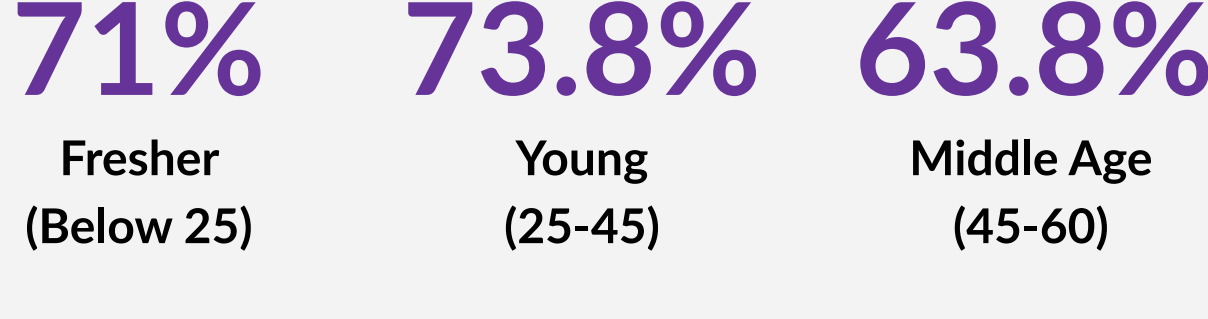
Females vs. Males: What is the most common cause of stress?



Which age groups are the most worried about finances?



The main cause of stress/concern also varied by age groups. For all age-groups, except for the older age group, **finances and job security** was the most commonly cited reason for concern.



The **older age group (60 above)** cited **uncertainty/fear of the unknown** as their most common cause of concern for the past 3 months (**48%**).



All survey findings and projections are based on the **Team CVoter Corona Tracker Mental Health** survey waves 1-3 carried out in June 2020 among 18+ adults statewide, including every major demographic.

The data is weighted to the known demographic profile of every state, including age group, social group, income, region, gender and education levels. (Sample Size: 4640)